

1. Where did you come from? Who are your parents? What made them the people they are/were? How did their choices influence yours? What family stories that resonate with you? What do they teach you? How do they make you feel?
2. From your family stories, what do you learn about what really matters to you?
3. What are your favorite memories? Why?
4. What have you done in your life -- jobs, courses, explorations, projects, experiences -- that are connected with your passion, values, and fondest memories?
5. Name the last five books, movies, tv shows, performances, and any other activities you've enjoyed. What did you enjoy most about each? What connection or theme emerges across all? What does this say about you?
6. Describe painful moments in your life. What made them painful? How did you respond?
7. Why did you choose to do whatever you are doing now to support the advancement of your career?
8. With whom do you share a common past? Which groups do you consider yourself to "belong" with or "fit" with?