



Use the questions below to descend the ladder.

Note what you would do differently as you descend and expand your ability to make evidence-based decisions.

- What are the **pros and cons** for a career pivot? For staying the course?
- What **positions about yourself and your career** are you defending?
- What **conclusions have you adopted as unchallengeable**?
- What are your **beliefs** about challenges, change, conflict, and self-worth?
- What **criteria** did you use to make your decision?
- How did you **interpret and apply the criteria**?
- How did you **make sense** of the data you selected? Are there any other **interpretations** to consider?
- What data did you **use**?
- What data did you **ignore**?
- What data did you **miss**?
- Where else should you **look** for data?
- What data might you be **missing**?